

COMIDA OAc C



15 years and over

Food for Special Medical Purposes

For adolescents, adults and pregnant women with Organic Acidemias (Acidurias)

- ✓ contains high proportion of protein supplement in low volume
- ✓ free from isoleucine, methionine, threonine and valine
- ✓ supplemented with vitamins, minerals, trace elements
- ✓ in accordance with current recommendations
- ✓ can be mixed easily to beverages and solid food

DESCRIPTION:

comida-OAc C is a concentrated amino acid mixture free from isoleucine, methionine, threonine and valine, based on the well proven amino acid mixture of all comidaMed OAc products, and is supplemented with vitamins, minerals and trace elements according to current international recommendations.

INDICATION:

For management of adolescents from 15 years of age, adults and pregnant women with Organic Acidemias such as Propionic Acidemia (PPA) and Methylmalonic Acidemia (MMA) - vitamin B₁₂ non-responsive.

DIRECTION OF USE:

The daily amount of comida-OAc C needed to supplement the daily protein requirements (other than isoleucine, methionine, threonine and valine), depends on age, body weight and individual tolerance for isoleucine, methionine, threonine and valine. The dose of comida-OAc C is to be determined by a physician and must be adjusted regularly.

The daily amount required should be divided into 3 to 5 single portions and should be taken mixed with calculated amounts of other food (e.g. beverages or fruit purees).

Diets with comida-OAc C must contain adequate amounts of energy, essential fatty acids and isoleucine, methionine, threonine and valine to meet daily requirements.

IMPORTANT NOTICE:

- not suitable as sole source of nutrition
- must be used under medical supervision
- not to be used by individuals without Organic Acidemias
- for adolescents, adults and pregnant women from 15 years of age with Organic Acidemias
- not suitable for parenteral use

PACKAGING: 500 g per tin

EXP. DATE: 24 months (packed in a protective atmosphere)

COMIDA OAc C



INGREDIENTS:

L-Lysine-L-Glutamine, L-Proline, L-Glutamine, L-Leucine, L-Arginine-L-Aspartate, L-Serine, L-Lysine-L-Aspartate, Potassium-L-Glutamate, L-Alanine, L-Phenylalanine, L-Tyrosine, Glycine, di-Calcium phosphate, Magnesium-L-Aspartate, L-Histidine, L-Cystine, L-Tryptophan, tri-Calcium phosphate, Vitamins (A, D, E, K, C, B1, B2, Niacin, B6, Folic acid, Pantothenic acid, B12, Biotin), Magnesium carbonate, Inositol, Vanillin, L-Carnitine-L-Tartrate, Iron-II-sulfate, Maltodextrin, Zinc sulfate, Manganese sulfate, Copper sulfate, Potassium iodide, Chromium-III-chloride, Sodium selenite, Sodium molybdate. May contain traces of **milk**.

COMPOSITION:

Nutrition Facts		per 100 g
Energy	kJ	1285
	kcal	302
Fat of which	g	< 0,5
saturated fatty acids		< 0,5
Carbohydrates of which	g	< 0,5
Sugar	g	< 0,5
Maltodextrin		< 0,5
Protein equivalent	g	75
Salt	g	< 0,01
Amino acids	g	90
L-Alanine	g	4,9
L-Arginine	g	4,4
L-Aspartic acid	g	8,5
L-Cystine	g	2,7
L-Glutamic acid	g	9,3
L-Glutamine	g	9,6
Glycine	g	3,5
L-Histidine	g	2,7
L-Isoleucine	g	nil added
L-Leucine	g	9,0
L-Lysine	g	8,1
L-Methionine	g	nil added
L-Phenylalanine	g	4,8
L-Proline	g	10,0
L-Serine	g	6,0
L-Threonine	g	nil added
L-Tryptophan	g	2,1
L-Tyrosine	g	4,4
L-Valine	g	nil added
Inositol	mg	330
L-Carnitine	mg	60
* conversion:		
1 g protein = 1,2 g amino acids = 17 kJ = 4 kcal		

Minerals		per 100 g
Sodium	g	< 0,005
Potassium	mg	1100
Chloride	mg	31,4
Calcium	mg	1500
Phosphorus	mg	1009
Magnesium	mg	365
Iron	mg	23
Trace elements		
Zinc	mg	19
Copper	mg	1,4
Iodine	µg	263
Chromium	µg	45
Manganese	mg	5,3
Molybdenum	µg	75
Selenium	µg	60
Vitamins		
Vitamin A	µg	1501
Vitamin D	µg	7,5
Vitamin E	mg	23
Vitamin K	µg	113
Vitamin C	mg	150
Vitamin B1	mg	2,3
Vitamin B2	mg	2,3
Niacin	mg	26
Vitamin B6	mg	2,6
Folic acid	µg	773
Pantothenic acid	mg	9,4
Vitamin B12	µg	4,5
Biotin	µg	56